



# AUSTRALIAN INSTITUTE OF TECHNICAL TRAINING

## HLT52015 Diploma of Remedial Massage

General Health

CRICOS Course Code 093986E



General Health

### Qualification

Students successfully completing the course will receive the Nationally Recognised; HLT52015 Diploma of Remedial Massage.

### Course Duration

This course is offered full time over one year or 52 weeks including holidays on a full time basis.

### Contact Hours

20 hours per week for 40 weeks.

*Additionally, students are expected at least **10 hours** of individual study per week not limited to research, learning activities and assessment activities utilising the facilities and resources available at AITT.*

### Tuition Fee

\$11,000

*Fees and Charges are subject to change with prior notice.  
Material Fee will be charged extra.*

### Training Location

- Level 3, 475-485 Flinders Lane, Melbourne, VIC 3000  
(Classes as per scheduled timetable)
- Level 2, 335 Flinders Lane, Melbourne, VIC 3000  
(Classes as per scheduled timetable)

## Course Description

This qualification reflects the role of remedial massage therapists who work with clients presenting with soft tissue dysfunction, musculoskeletal imbalance or restrictions in range of motion (ROM). Practitioners may be self-employed or work within a larger health service.

To achieve this qualification, the candidate must have completed at least 200 hours of work as detailed in the Assessment Requirements of units of competency.

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## Entry Requirements

The Training Package does not specify any entry requirements for this qualification course.

## Age Requirements

AITT has a requirement that all students must be over 18 years of age at the commencement of course.

## Academic Requirements

To gain entry to this course, applicants should have successfully completed home country equivalent to an Australian Year 12 qualification.

For further information refer to the Equivalent Qualifications on the Victorian Curriculum and Assessment Authority (VCAA) website: <http://www.vcaa.vic.edu.au/Pages/vce/vcerecognition/equival/equiv-yr12.aspx>

## English Language Requirements

All International Students applying for courses at AITT must have a minimum English Language proficiency level of one of the below:

### You should qualify in ANY ONE (1) of the following:

- IELTS overall band of 5.5 or equivalent;
- TOEFL iBT test score band of 46 equivalent or above;
- PTE Academic band score 42 equivalent or above;
- Cambridge English Advanced (CAE) test score band of 47 equivalent or above;
- OET score band Pass equivalent or above;
- Successful completion of Senior Secondary certificate of education in Australia conducted in medium of English;
- Completion of a full time studies in Australia towards a Certificate III level course or above;
- English as the first language;
- Satisfactory completion of the EAL course OR
- Any other form of test which satisfies the Institution.

## Teaching Method

Teaching is conducted in the classroom as well as in practical labs when required to simulate real work environment. The delivery will include face to face teaching, lectures, discussions.

## Assessments

Assessments comprise of written assignments and project works and role play.

## Course Structure

### Units of Competency

(21 units including 16 core & 5 elective units)

Code	Title
<b>Core Units</b>	
• CHCCOM006	Establish and manage client relationships
• CHCDIV001	Work with diverse people
• CHCLEG003	Manage legal and ethical compliance
• CHCPRP003	Reflect on and improve own professional practice
• CHCPRP005	Engage with health professionals and the health system
• HLTAAP003	Analyse and respond to client health information
• HLTAID003	Provide first aid
• HLTINF004	Manage the prevention and control of infection
• HLTMSG001	Develop massage practice
• HLTMSG002	Assess client massage needs
• HLTMSG003	Perform remedial massage musculoskeletal assessments
• HLTMSG004	Provide massage treatments
• HLTMSG005	Provide remedial massage treatments
• HLTMSG006	Adapt remedial massage practice to meet specific needs
• HLTMSG008	Monitor and evaluate remedial massage treatments
• HLTWHS004	Manage work health and safety
<b>Electives Units</b>	
• BSBSMB404	Undertake small business planning
• CHCAGE001	Facilitate the empowerment of older people
• CHCCCS001	Address the needs of people with chronic disease
• CHCPOL003	Research and apply evidence to practice
• CHCPRP001	Develop and maintain networks and collaborative partnerships

## Practical Field Work Placements

To be assessed as competent in this qualification, individual workers are required to undertake supervised fieldwork placements in a relevant general health service settings.

AITT will be organising the student placement after consultations and agreements with individual students and Trainers and relevant Fieldwork Placement Organisation.

It is the responsibility of the student to attend the practical placements and if students do not attend their practical placements they will be responsible for the unsuccessful completion of their qualification. This course incorporates 200 hours of work placement within the health services sector, which makes up an essential part of the course.

For details, see the Student Field Placement Handbook

# aitt.vic.edu.au

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